

Looking forward to welcoming you to Cape Town!

The Local Organising Committee have organised for the Companions some of the best Tourist sites that Cape Town has to offer! Book your fun-filled 2½ day trip today as space is limited. You **DO NOT** want to miss out!



DAY 1: Wednesday, 17 Nov. 2021

08h30	Depart Cape Town ICC
<ul style="list-style-type: none"> - Guided tour of Kirstenbosch Botanical Gardens - Tree canopy walk on the Boomslang - Tea at Fynbos Tearoom - Cellar tour and wine tasting at Groot Constantia 	
Lunch @ Jonkershuis	
15h30	Return to Cape Town ICC
Trip Essentials:	
<ul style="list-style-type: none"> ▪ Sunscreen, hat and camera ▪ Comfortable walking shoes or tekkies ▪ Comfortable pants or shorts ▪ Positive Attitude & open to new experiences 	



DAY 2: Thursday, 18 Nov. 2021

08h30	Depart Cape Town ICC
<ul style="list-style-type: none"> - Short visit to the Scratch Patch - Two Oceans Aquarium - Tea at the Bootlegger - Walkabout Hout Bay Harbour Market 	
Lunch overlooking Hout Bay Harbour	
15h30	Return to Cape Town ICC
Trip Essentials:	
<ul style="list-style-type: none"> ▪ Sunscreen, hat and camera ▪ Comfortable walking shoes / pants or shorts ▪ Money for souvenir shopping ▪ Positive Attitude & open to new experiences 	



DAY 3: Friday, 19 Nov. 2021

08h30	Depart Cape Town ICC
Choose 1 of 2 options	
OPTION 1 – Sightseeing on Open Top Bus	
OPTION 2 – Shopping at the V&A Waterfront	
Tea @ Rooftop Silo Hotel	
12h30	Return to Cape Town ICC
Trip Essentials:	
<ul style="list-style-type: none"> ▪ Sunscreen, hat and camera ▪ Comfortable walking shoes / pants or shorts ▪ Money (if choosing shopping at the waterfront) ▪ Positive Attitude & open to new experiences 	

Programme is subject to change due to weather conditions.

For more information, email us at conference@imesa.org.za or alternatively call us on 031 266 3263.